



Hollingsworth
Consulting

The Compassion Advantage™

How top leaders build unshakeable organizations through cultures of accountability and care.

Andrea Hollingsworth, Ph.D., is an acclaimed keynote speaker, bestselling and award winning author, and trusted consultant who's spent years studying the transformative power of compassion. Since 2008, she has been speaking and writing about the science and spirituality of human emotions and relationships. Her articles have been published more than a dozen times in peer-reviewed journals, and she has taught at prestigious institutions like Princeton, Boston University, and Loyola University Chicago. In addition, Dr. Andrea has delivered talks to audiences at some of the top-ranked universities in the world—including Cambridge University in England and Heidelberg University in Germany.

Dr. Andrea spends most of her time inspiring leaders and teams to use The Compassion Advantage™ to build supercharged organizations through cultures of care—especially in times of challenge and change. She lives in Maple Grove, Minnesota where she cheers hard at her son's soccer games and relishes every opportunity to visit the north shore of Lake Superior.



Andrea Hollingsworth, Ph.D.
Global Compassion Expert
Speaker, Author, Consultant



Develop top leaders and unshakeable organizations.

Comprehensive consulting offerings that:

- ✓ Boost team cohesion and performance
- ✓ Increase employee engagement and workplace satisfaction
- ✓ Improve leader-to-team communication and support structures
- ✓ Enhance leaders' emotional intelligence, wellness, and agility
- ✓ Instill cultures of trust and authentic connection

Book a transformational keynote.

Instantly applicable insights about:

- ✓ Self-compassion and resilience
- ✓ The business case for compassion
- ✓ Leading through care and accountability
- ✓ Healthy striving vs. toxic perfectionism
- ✓ Thriving through change and challenge
- ✓ Doing hard things with heart

